

**GET
OUT
THE
RUT**

RAYMOND MITCHELL

Get Out The Rut

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My name is Raymond Mitchell, I'm Black and I'm Proud. GET OUT THE RUT is a money, financial, economic empowerment, thinking book.

Please enjoy my book that I wrote.

ORGANIZED

First start to being organized is making up your bed once you wake up. It sounds crazy to some, but when things around you are neat and in order, your mind is neat and in order. Having a daily regiment is good to have especially if you are the type of person that gets distracted easily. You have to know where your belongings are that you use on a daily basis. If you are becoming forgetful and misplacing belongings and losing belongings that you use on a daily basis like wallet, phone, keys, etcetera. You have to slow down and arrange everything in your mind. You have to treat your mind like a file cabinet and place thoughts in alpha and numeric order. When your mind is going 10,000 miles per hour and you are laying down staring at the ceiling or sitting still, you have to cut certain things out that are gaining too much of your attention like television, internet, music, gossip and toxic individuals. When your home is organized, clean and in order, your thoughts become clear. When you wash clothes, wash your body, smell and look good, your thoughts become clear. These are necessary steps that you need to do to start to become organized. If your surroundings aren't organized, then your mind is not organized, then that means your money is not organized.

**THINK
AND
GROW
RICH**

Use these words literally. Think, this word is very important. Think is my favorite word. By thinking people have created so much and invented so much. The power of thought is very important. All meditation is – is thinking. Grow, is a word that you should do every day, if you grow every day that means you are learning every day and you are never too old to learn. I make it a habit of mine to learn something I didn't know every day. Rich comes in so many forms, you can be rich in communication, you can be rich in enthusiasm, in terms of being rich with a tool that comes in the form of money is by simply thinking.

The human mind created pyramids in Kemet, the human mind invented the air plane. Your human mind can create any type of riches you want to achieve.

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